



*Need help?*

*Toll Free: 1-800-880-6953*

*[www.alaskanorthernlights.com](http://www.alaskanorthernlights.com)*



**User Guide**

**Aurora LightPad Max**

**Bright Light for Everyday Wellness**

# IMPORTANT SAFETY INFORMATION

**Read all instructions before using your Aurora LightPad Max.  
Follow these guidelines to reduce the risk of injury or damage.**

- Do not use if the power cord or plug is damaged
- Do not place heavy objects on the power cord
- Always unplug by gripping the plug (not the cord)
- Disconnect the unit before cleaning or servicing
- Allow the unit to cool before handling after extended use
- Do not expose the device to water or liquids
- Do not place objects on top of the device
- Do not attempt to disassemble the unit
- All servicing should be performed by authorized personnel

## **Thank you for choosing the Aurora LightPad Max.**

The Aurora LightPad Max is designed to provide bright, consistent light that supports your daily wellness routine.

Many people incorporate bright light into their day to help maintain energy levels, support mood, and stay aligned with natural daily rhythms.

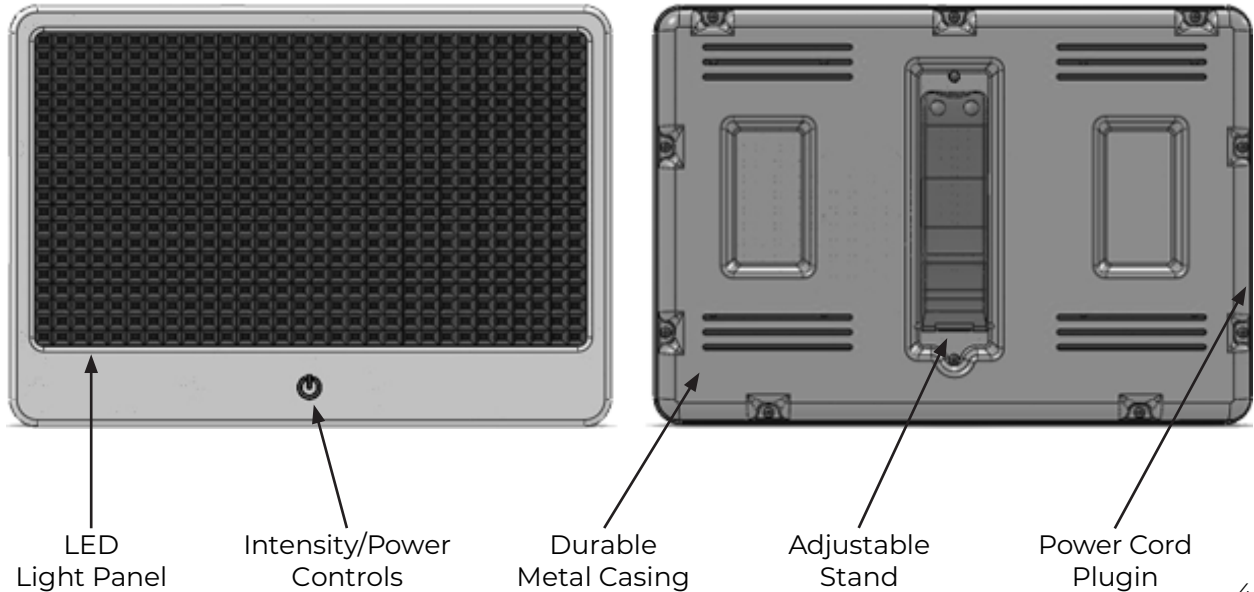
Visit [www.alaskanorthernlights.com](http://www.alaskanorthernlights.com)  
for more information on your Aurora Lightpad Max.

# USING YOUR LIGHTPAD MAX

## Product Specifications:

- 7 Year Warranty
- Adjustable intensity settings
- Durable construction
- Adjustable stand for positioning

9"H x 13"L x 1"D  
Wt. 4 lbs.  
120 Volt  
AV 60 HZ



## Getting Started

1. Place the Aurora LightPad Max on a stable surface
2. Position the light so that the light hits the front of your face
3. Plug the unit into a standard outlet

## Power & Intensity Controls

- Press and hold the power button for 3 seconds to turn the unit on/off
- Tap the button to cycle through light intensity levels
- The device will remember your last used setting
- The device will automatically power off at 60 minutes of use

## Recommended Use

For general wellness use:

- For 10,000 LUX, sit 30 inches from the light
- Use for 20–30 minutes per session
- Many users prefer morning use as part of their daily routine

**You may adjust distance and duration based on personal comfort and preference.**

# FREQUENTLY ASKED QUESTIONS

## **Are there any side effects?**

Some users may initially notice mild eye strain or headaches. If this occurs, reduce session time or increase distance from the light.

## **Do I need to remove glasses?**

No, standard eyeglasses or contacts can be worn during use.

## **Does this device emit UV light?**

No. The Aurora LightPad Max uses LED technology that does not emit UV light.

## **Can children use the Aurora LightPad Mini?**

The device may be used under adult supervision. For specific concerns, consult a healthcare professional.

# 7 YEAR WARRANTY

## **Warranty**

Your Aurora LightPad Max includes a 7-year limited warranty covering defects in materials and workmanship under normal indoor use.

### **This warranty does not cover:**

- Damage due to misuse or improper handling
- Damage from external conditions
- Normal wear and tear

For warranty service, contact customer support for return authorization before sending any product.

### **IMPORTANT NOTICE**

This product is intended for general wellness use only. It is not intended to diagnose, treat, cure, or prevent any disease.

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*Bright Light for Everyday Wellness*

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Receive **\$20 off** the next light box purchase. Offer can be used by you, family member or friend. Give the Gift of Light and spread the word!

**Promo Code: GTGOL**

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